

**Patient Information**

Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Social Security # \_\_\_\_\_  
First Middle Last  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ E-Mail \_\_\_\_\_  
Insurance Company \_\_\_\_\_ Policy # \_\_\_\_\_ Employer \_\_\_\_\_ Occupation \_\_\_\_\_  
Sex { M / F } Marital Status { S M D W } Spouse's Name \_\_\_\_\_ Spouse's Occupation \_\_\_\_\_  
How did you hear about our office? \_\_\_\_\_ Have you had chiropractic care before? \_\_\_\_\_ When? \_\_\_\_\_

**Area of Complaint(s):**  Head  Neck  Upper Back  Mid Back  Low Back  Pelvis  Hip  Thigh  Knee  
 Lower Leg  Ankle  Foot  Shoulder  Upper Arm  Elbow  Forearm  Wrist  Hand  
**Spine / Pain Radiation:**  Pain localized to spine  Pain radiation to the head,elbow or knee  Pain radiating below the elbow or knee

Briefly describe what you think caused your condition/symptoms: \_\_\_\_\_

Describe your current symptoms: \_\_\_\_\_

Date symptoms appeared \_\_\_\_\_ Duration of symptoms  0 < 3 weeks  >3 weeks- 6 weeks  > 6 weeks

Are your symptoms improving?  Improving  About the same  Getting worse  Comes and goes

What aggravates your condition?  Standing  Sitting  Walking  Twisting  Lying  Lifting  Other \_\_\_\_\_

What relieves your condition?  Ice  Heat  Medication  Rest  Movement  Other \_\_\_\_\_

Have you had these symptoms before?  No  Yes (If yes, when? Was treatment performed ?) Date \_\_\_\_\_

Describe treatment \_\_\_\_\_

Were any imaging studies or diagnostic tests performed regarding your current condition or past episodes?  No  Yes (If yes, when? What tests were performed ?) \_\_\_\_\_

Numeric Pain Rating Scale (NPRS) (no pain)  0  1  2  3  4  5  6  7  8  9  10 (unbearable pain)

Restrictions of activities of daily living (no limitations)  0  1  2  3  4  5  6  7  8  9  10 (totally disabled)

Physical work capacity as it relates to your current condition  No work limitations  Work limitations  Unable to work \_\_\_\_\_

List all surgeries \_\_\_\_\_

List all non-prescription drugs \_\_\_\_\_

List all prescription drugs you are currently taking \_\_\_\_\_

Check here if you have a family history of:  Arthritis  Heart Disease  Diabetes  Cancer

Social habits  Tobacco  Alcohol  Coffee

Exercise Activity  No exercise program  Light exercise  Moderate exercise  Strenuous exercise

If yes, describe exercise \_\_\_\_\_

Stress Level  Little or no  Minimal  Moderate  Greatly stressed

Physical work activity levels  Sitting 50% or more  Some manual labor  Heavy lifting  Repeated motions

Please check any of the following that you may have had or have now:  High blood pressure  Asthma  Gastric ulcers  Joint pain  Heart disease  Bronchitis  
 Gas/bloating  Hiatal hernia  Numbness  Headaches  Colitis/Spastic colon  Jaw pain  Heart murmurs  Pulmonary disease  Acid reflux  
 Pneumonia  Hepatitis A B C  Sinus / Allergies  Shoulder Pain  Diabetes  Emphysema  Kidney problems  Menstrual pains  HIV +

Would you like us to send treatment notes to your family doctor?  Yes  No

If yes, doctor's name, address, phone \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date \_\_\_\_\_

# Ronald E. Safko, D.C., F.A.C.O.

Diplomate American Board of Chiropractic Orthopedist  
Fellow Academy of Chiropractic Orthopedists

## Our Office Policy Regarding Insurance Assignment

*Our office will be pleased to accept your insurance assignment as soon as your exact coverage is verified. We will file your claim forms and assist you in every way we can. However, it must be fully understood that the contract is between you and your insurance company and you are fully responsible for any amount not paid by your insurance.*

*Office policy regarding insurance assignment:*

- 1. Once insurance coverage is verified, all copayments and non-covered services are the patient's responsibility and must be paid at the time of visit.*
- 2. Your insurance should pay within 30 days. If your insurance has not paid within 90 days, you must pay the balance due and be reimbursed by your insurance company.*
- 3. Your signature below acts as your agreement that Benefits are Assigned to Dr. Safko.*
- 4. Our office does not guarantee that your insurance will pay. We will make every attempt, at the beginning of you health care, to receive verification of your policy and what it covers. However, if for some reason, your insurance claim is denied, you are responsible for the full amount of your bill.*
- 5. Our office will not enter into a dispute with your insurance company over your claim. This is your responsibility and obligation.*

*If you understand and agree with all of the above policies, please sign your name below and we will accept your insurance assignment when coverage is verified.*

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

*I agree that payment by my insurance company will be paid directly to this office and will be credited to my account.*

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

**Ronald E. Safko, D.C., F.A.C.O.**

**PATIENT CONSENT  
FOR USE AND/OR DISCLOSURE OF  
PROTECTED HEALTH INFORMATION  
TO CARRY OUT TREATMENT, PAYMENT  
AND HEALTHCARE OPERATIONS**

1. The Privacy Notice has been provided to me prior to my signing this Consent.
2. We reserve the right to change our privacy practices that are described in the Privacy Notice, in accordance with the applicable law.
3. We may use and/or disclose my PHI in order for us to treat and obtain payment for that treatment.
4. I understand that I have a right to request that Dr. Safko restrict how my PHI is used and/or disclosed to carry out treatment, payment and/or health care operations. However, Dr. Safko is not required to agree to any restrictions that I have requested.
5. I understand that this Consent is valid for seven years.
6. I understand that if I revoke this consent at any time, Dr. Safko has the right to refuse treatment.
7. I understand that if I do not sign this Consent Dr. Safko will not treat me.

**I have read and understand the foregoing notice, and all of my questions have been answered to my full satisfaction in a way that I can understand.**

\_\_\_\_\_  
Name of Individual

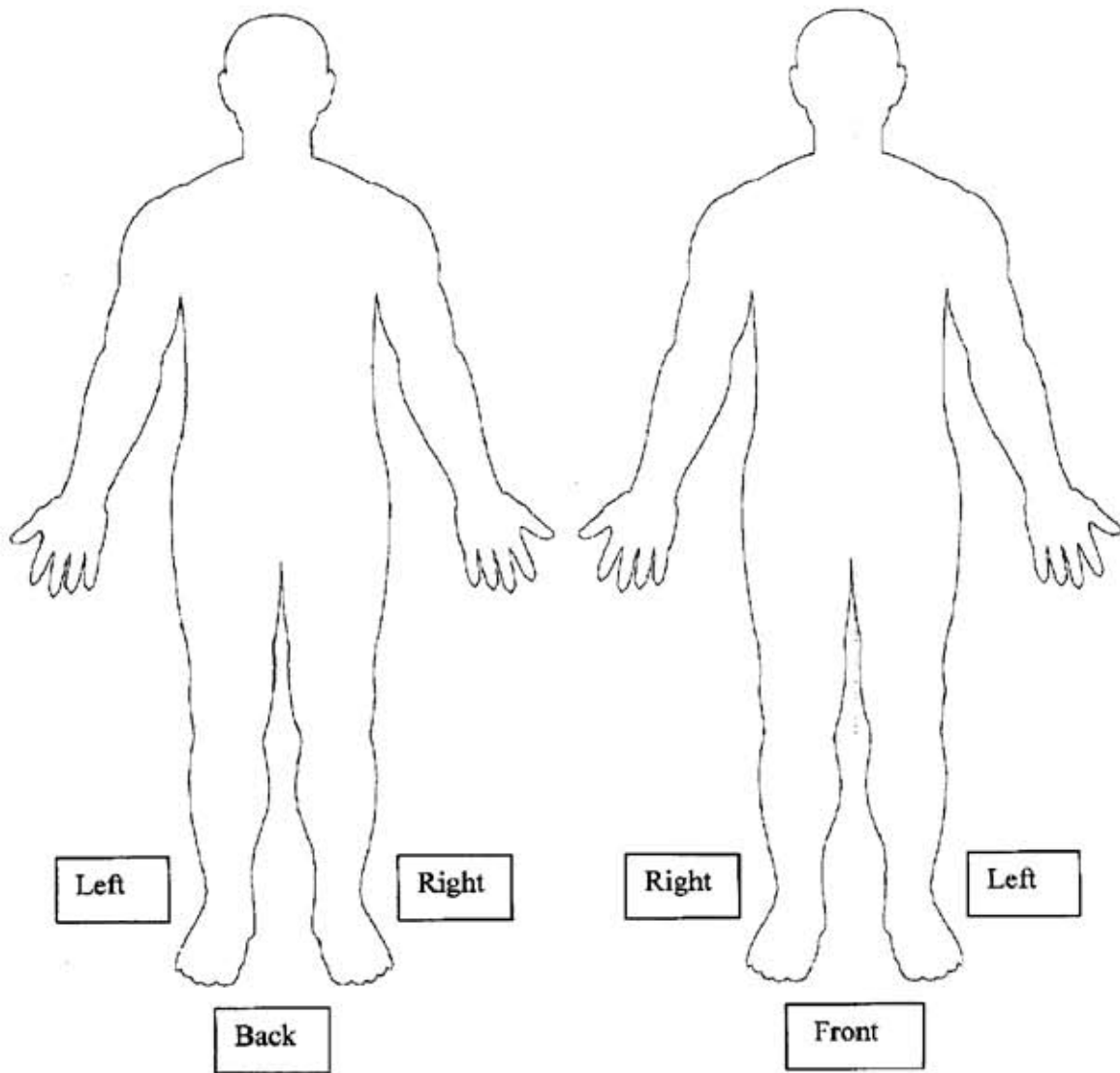
\_\_\_\_\_  
Signature of Individual

\_\_\_\_\_  
Signature of legal Representative

\_\_\_\_\_  
Relationship

Date Signed \_\_\_\_\_

Witness: \_\_\_\_\_



Using the symbols listed below, mark on the two drawings above the areas on your body where you feel the described sensations:

- |                  |     |                |       |
|------------------|-----|----------------|-------|
| Numbness         | === | Hot Burning    | xxx   |
| Dull Ache        | ooo | Sharp Stabbing | ///   |
| Pins and Needles | +++ | Other          | _____ |

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_